

Let us help.

All services are **FREE** and **CONFIDENTIAL** from these providers:

Jean Crowe Advocacy Center (JCAC)

courthouse location

100 James Robertson Pkwy., Suite 114
(615) 862-4767 / M - F, 7:45 am - 4:00 pm

Family Safety Center (FSC)

walk-ins + appointments

610 Murfreesboro Pike
(615) 880-1100 / M - F, 9:00 am - 6:00 pm

services available: speak to an advocate, safety plan, file an Order of Protection, risk assessment, connect to resources, and have a safe place to wait during court hearings or proceedings



Metro Office of
Family Safety



SEXUAL ASSAULT
CENTER

101 French Landing Dr.

(615) 259-9055

M - Th, 8:00 am - 6:00 pm

F - 8:00 am - 2:00 pm

services available: counseling, education, connection to resources, forensic medical exams (rape kits) by specially-trained nurses for anyone over the age of 16.

YWCA 24/7 hotline

1-800-334-4628

Morning Star 24/7 hotline

(615) 860-0003

services available: speak to an advocate at any time (whether you are in crisis or not), safety plan, connection to resources, and emergency shelter for victims of domestic violence and their children.

ywca

Nashville & Middle Tennessee



MORNING STAR Sanctuary

a program of AGAPE

For services from police:



Emergency: 911

Non-emergency: (615) 862-8600

Domestic Violence Division

(615) 880-3000

Sex Crimes

(615) 862-7540

services available: file a report or warrant, collection of evidence such as photos of injuries, and make an appointment for free counseling for yourself or your children with a counselor who specializes in domestic violence and sexual assault

15 signs someone might be dangerous

If you recognize any of these signs in a relationship with a partner or loved one, please speak to an advocate at any of the phone numbers listed on the back of this card.

1

Wants to get involved fast

Right away they want you to promise to only be with them. They say things like, "No one's ever loved me like you do."

2

Jealous

Wants to make sure you aren't with anyone else; calls all the time or shows up without telling you they're coming.

3

Wants to control you

Wants to know who you talked to and where you were; checks the mileage on your car; keeps all the money; makes you ask for their permission to go anywhere or do anything.

4

Expects you to be perfect

Expects you to know what he or she wants and meet his or her every need.

5

Cuts you off from others

Doesn't want you to see family and friends; won't let you have or restricts use of a phone or car; doesn't want you to work.

6

Blames others for their problems

If anything goes wrong, it's always someone else's fault: the boss, the neighbor, you. They think everyone is out to get them.

7

Blames others for their feelings

Says things like, "You hurt me by not doing what I tell you," or "You make me mad," instead of "I'm mad."

8

Gets upset easily

Gets mad about things that are just a part of life.

9

Hurts animals and children

Kills or punishes animals; wants children to do things they can't or teases them until they cry.

10

Uses force during sex

Enjoys throwing you down or holding you against your will during sex; says they find the idea of rape exciting.

11

Says things to hurt you

Always criticizes you or says cruel things; puts you down, curses at you, or calls you ugly names.

12

Thinks women should obey men or that men should obey women

Wants you to serve, obey, and stay at home.

13

Has sudden mood swings

Switches from sweet and loving to mad in a few minutes.

14

Has hit partners before

Has told you that they have hit previous partners in the past.

15

Says they will hurt you

Says things like, "I'll break your neck," then says, "I didn't really mean it."

MOST DANGEROUS SIGNS

-  Strangles you, chokes you, or cuts off your breathing
-  Owns or has access to a gun
-  Stalks you, follows you, or spies on you